Self assessment for risk of coronavirus (Covid 19)

Start Here:

Have you recently traveled from or through any of the following countries?
China
South Korea
Italy
Iran

Yes → Do not attend floorball
Self-quarantine for 14 days after leaving that country.

No ↓

Have you been in CLOSE contact with a confirmed case of Covid 19?
Close contact mean:
-spending more than 15 min face-to-face with a confirmed case, in the 24 hours before they showed symptons, or after they showed symptoms.
-sharing a closed space for more than 2 hours with a confirmed case, in the 24 hours before they showed symptons, or after they showed symptoms.

Yes → Do not attend floorball
Self-quarantine for 14 days from last contact with the confirmed case.

No ↓

Have you been in CASUAL contact with a confirmed case of Covid 19?
Casual contact mean:
-spending less than 15 min face-to-face with a confirmed case AND they showed symptoms at the time.
-sharing a closed space for less than 2 hours with a confirmed case AND they showed symptoms at the time.

Yes → Go about your normal business, but monitor yourself for symptoms.
Take precaustions such as frequest hand washing and avoid touching your face.

No ↓

Are you ill?
-Fever
-Flu-like symptoms such as cxoughing, sore throat, and fatigue
-shortness of breath

Yes → Do not attend floorball
You might be ill with Covid 19, or you might have a cold or the flu (we don't want these either!)

No ↓

Go about your normal business, but monitor yourself for symptoms.
Take precaustions such as frequest hand washing and avoid touching your face.